



Mary Wayte Pool

Winter 2015

January 4th 2015—April 6th, 2015

Recreational Swim and Swim Lesson Schedule

Mary Wayte Pool
8815 SE 40th
Mercer Island, WA 98040
(206) 588-1117

www.mercerislandpool.com



Hours of Operation

Monday, Wednesday, Friday 5:30 am—9:00 pm

Tuesday, Thursday 5:30 am—8:00 pm

Saturday 7:00 am—9:00 am

Sunday 10:00 am—2:30 pm

*Pool Closed for swim meets: February 7th & 8th,
February 13th (after 11:00 am), March 7th & 8th*



Olympic Cascade Aquatics is a Mercer Island based business focusing on youth aquatics instruction and aquatic facility management. Olympic Cascade Aquatics strives to promote swimming as a lifetime sport for the community, and provide a comprehensive program for everyone to use.

The **Mercer Island—Mary Wayte Pool** was built in 1972 as part of the King County Forward Thrust Bond issue and was originally the Mercer Island District Pool. It was renamed in the early 1990's after former Mercer Island resident Mary Wayte captured two gold medals in the 1984 Olympic Games held in Los Angeles, California. She also captured two more medals in the 1988 Olympics in Seoul, South Korea. The pool was operated by King County Parks until 2002 when King County divested itself from facilities located in suburban cities. Northwest Center owned and operated the Mary Wayte Pool from 2003 until 2010. When no other operators for the pool could be found, Olympic Cascade Aquatics partnered with the Mercer Island School District and with the financial assistance of the city of Mercer Island, began to operate the pool in 2011. Olympic Cascade Aquatics continues to operate the pool for the benefit of Mercer Island residents and neighboring communities.

Winter Recreational Swim Schedule January 4th—April 5th, 2015

Family Swim is a good time for kids and families to practice their swimming skills. Lap lanes are available for those families working on endurance swimming. Lifeguards will ask all young swimmers to pass a proficiency test prior to accessing the deep end.

<u>Days of the week</u>	<u>Time of the Day</u>	
Monday – Friday	12:30 - 2:00 pm	
Monday - Thursday	7:00 – 8:00 pm	
Friday	7:00 - 9:00 pm	\$2.00 per person
Saturday	1:00 - 2:30 pm	
Sunday	1:00 – 2:30 pm	

Lap Swim is a good time for training, endurance, swimming, and, if space available, deep water exercise. Lanes are separated into slow, medium, and fast to separate swimmers of different paces. We do ask swimmers to circle swim to the right if there are three or more swimmers in a lane.

<u>Days of the week</u>	<u>Time of the day</u>
Monday – Friday	5:30 - 9:00 am
Monday – Friday	11:30 am – 2:00 pm
Monday & Wednesday	8:00 – 9:00 pm (limited lanes available)
Tuesday & Thursday	7:00—8:00 pm (limited lanes available)
Saturday	7:00 – 9:00 am
Sunday	10:30 am – 1:00 pm

Senior Swim is a time reserved for our customers 60 –years and older.

<u>Days of the Week</u>	<u>Time of Day</u>
Mon, Wed, Fri	10:00—11:30 am

Cost	Drop In	10 – punch	1- month	Annual
Adult	\$5.50	\$50	\$60	\$535
Senior	\$3.50	\$30	\$37.50	\$300
Disabled	\$1	\$10		\$300
Youth	\$4	\$35	\$40	
Family	\$4 per person		\$70	\$660

Winter Swim Lesson Schedule January 4th—April 5th, 2015

The Mary Wayte Pool offers a Swim School for all ages and abilities. To be part of our swim school a \$25 annual administration fee per family is required. We also offer group lesson for home school children, day cares and day camps, and neighborhood groups. If you would like to discuss availability for your child or group and you don't see a class that fits your schedule, please let us know. We will make every effort to find something that fits your schedule.

Parent Toddler lessons are for children six months to three-years of age. The overall philosophy of the class is for children to enjoy their experience in the water, work on basic swimming skills, and have quality time with the swimming adults. Instructors will lead the adults through a series of basic swimming skills to help the toddlers learn the fun of swimming and the start of a lifetime of enjoyment.

Day (s)	Time	Dates	Dates	Dates
Sat	10:30 am	Jan 10—Jan 31	Feb 14—21	Mar 14—April 4
Sun	10:30 AM	Jan 4—Jan 25	Feb 1—March 1**	March 15—March 29

*No lessons February 16—February 21st, Mid- Winter Break

**No lessons February 7th & 9th, February 13th, and March 7th & 8th due to a swim meet.

**To register for the OCA Swim School Programs
please go to www.mercerislandpool.com or call
(206) 588-1117**



Winter Swim Lesson Schedule January 4th—April 5th, 2015

Preschool lessons are for children ages three to six years of age. Our overall philosophy of the lessons with preschoolers is children will learn to swim if they are comfortable and enjoy the experience. Students are split into three ability ranges: Preschool Beginner, Preschool Intermediate, and Preschool Advanced.

- Preschool Beginner—swimmers will learn breath control, floating, and floating and kicking.
- Preschool Intermediate—swimmers will continue to work on body position while floating and kicking, crawl stroke, and be introduced to backstroke.
- Preschool Advanced—the children will learn side breathing with the crawl stroke, as well as be introduced to Breast stroke and Butterfly.

If you are not sure which level to register your swimmer, our staff is happy to assist you.

Winter Preschool Lesson Dates and Times

Day (s)	Time	Dates	Dates	Dates
MW	2:00 PM	Jan 5—Jan 26	Feb 2—March 2	Mar 9—Mar 30
MW	4:00 PM	Jan 5—Jan 26	Feb 2—March 2	Mar 9—Mar 30
MW	5:00 PM	Jan 5—Jan 26	Feb 2—March 2	Mar 9—Mar 30
TTh	9:30 AM	Jan 6—Jan 29	Feb 3—Mar 5*	March 10—April 2
TTh	5:30 PM	Jan 6—Jan 29	Feb 3—Mar 5*	March 10—April 2
Fri	5:30 PM	Jan 9—Jan 30	Feb 6—March 6**	March 13—April 3
Sun	10:30 AM	Jan 4—Jan 25	Feb 1—March 1**	March 15—March 29
Sun	4:00 PM	Jan 4—Jan 25	Feb 1—March	March 15—

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Winter Lesson Schedule January 4th—April 5th, 2015

Youth lessons are for ages six to twelve years of age. Our overall philosophy is children will learn the fundamentals of swimming at their own pace. Emphasis will be on quality strokes and teaching swimming as a life time sport. In Youth Beginner, the focus will be on fundamentals—the correct body position, correct head position, correct kick as well as correct arm strokes.

- Youth Beginner class will work on floating and swimming on the back and introduction of backstroke.
- Youth Intermediate, swimmers will work on side breathing with crawl stroke, strengthen the backstroke, and begin working on Breast stroke.
- Advanced Youth will be introduced to Butterfly, starts and turns, as well as swimming for distance.

If you are not sure which class is best for your swimmer, our staff is happy to help place your swimmer.

Day (s)	Time	Dates	Dates	Dates
MW	4:30 PM	Jan 5 –Jan 28	Feb 2—March 4*	March 9—April
MW	5:30 PM	Jan 5 –Jan 28	Feb 2—March 4*	March 9—April 1
MW	6:00 PM	Jan 5 –Jan 28	Feb 2—March 4*	March 9—April 1
TTh	6:00 PM	Jan 6—Jan 29	Feb 3—Mar 5*	March 10— April 2
TTh	6:30 PM	Jan 6—Jan 29	Feb 3—Mar 5*	March 10— April 2
Friday	5:00 PM	Jan 9—Jan 30	Feb 6—March	March 13—
Sun	10:00 AM	Jan 4—Jan 25	Feb 1—March 1**	March 15— March 29
Sun	4:30 PM	Jan 4—Jan 25	Feb 1—March 1*	March 15—

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Winter Lesson Schedule January 4th—April 5th, 2015

Riptides is our fitness and competitive level training group. Some swimmers in this group will be training to reach our competitive team (Olympic Cascade Aquatics), while others will swim to stay in shape between other sports, or to get ready for summer swim teams. Riptides practices are set up in four levels.

Riptides 8 & Under is for children approximately six to eight years of age who have completed Youth Advanced and are looking for the next challenge or to continue to improve their skills. Class is 40-minutes in length and emphasis will be on building fitness and quality strokes.

Day (s)	Time	Dates	Dates	Dates
MW	4:50 PM	Jan 5 –Jan 28	Feb 2—March	March 9—April 1
TTh	5:30 PM	Jan 6—Jan 29	Feb 3—Mar 5*	March 10—April
Fri & Sun	5:30 PM	Jan 4—Jan 30	Feb 6—Mar 6**	Mar 13—April 3

Riptides 9, 10, 11 is for children nine to 11- years of age who wish to continue to work on their strokes and improve their fitness. Class will meet for 50-minutes and will emphasize swimming longer and faster.

Day (s)	Time	Dates	Dates	Dates
MW	5:30 pm	Jan 5 –Jan 28	Feb 2—March 4*	March 9—April 1
TTh	6:30 PM	Jan 6—Jan 29	Feb 3—Mar 5*	March 10—April 2
Fri & Sun	5:30 PM	Jan 4—Jan 30	Feb 6—Mar 6**	Mar 13—April 3

Riptides Middle School is for middle school aged kids who are stronger and faster and may be considering competing for their high school team in a year or two, or need to stay fit between seasons of other sports. Class is one-hour of vigorous training.

Day (s)	Time	Dates	Dates	Dates
MW	6:20 pm (M), 5:30 pm (W)	Jan 5 –Jan 28	Feb 2—March 4*	March 9—April 1
TTh	5:30 PM	Jan 6—Jan 29	Feb 3—Mar 5*	March 10—April 2

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Questions? Please call (206) 588-1117

Specialty Lessons

Private Lessons are available for children and adults that need help with a specific skill and can be scheduled at your convenience. Cost is \$40 per lesson for a 30-minute private lesson 1-on-1 with one of our experienced instructors. Lessons are normally scheduled outside of group lesson times and registration is done **on-line only**. Registration opens at 9:00 AM on the following dates: December 28th (for January private), January 28th (for February private lessons), and February 26th (for March private lessons).

Adapted Swim Lessons are for children and adults with special needs. These 30-minute lessons are one-one-one and are designed to teach basic swimming skills. Lessons are scheduled with a qualified instructor and based on the swimmer's schedule. Cost is \$20 per lesson.

Party and Facility Rentals

Birthday Party Rentals are available Saturday afternoons for birthday parties and special events. The rental includes two lifeguards. We can add pizza from Tony Maroni's, birthday cake, and even show a movie during the party. Please call the pool to schedule

Birthday Party	\$150/hour (up to 35 people)
	\$250/hour (up to 70 people)

Pizza Party	\$250
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Includes 1-hour pool rental, 1-hour party space rental and two large Sahara pizzas

Facility Rentals

The Mary Wayte Pool is available for swim meets, swim practices, triathlon training, and scuba training. If your group is looking for a place to train, please e-mail us at marywaytepool@gmail.com. Our staff will help you find a day and time for your group to practice at the pool

Movie Nights

Movie nights will continue through the end of March. Please check at the pool for the upcoming feature. Movie starts at 8:00 pm.

January 17th, February 21st, March 21st